

WHY FOR-RECOVERY?

OUR SCIENCE YOUR SUCCESS:

THE MOST BIOAVAILABLE SOURCE OF COQ10, AN ESSENTIAL FEED ELEMENT FOR OPTIMAL BODY FUNCTION.

EFFECTIVE:

Feeding FOR-RECOVERY daily during training and racing/competition increases plasma and muscle levels of Ubiquinol CoQ10 in horses, ensuring that it is readily available, as it is needed.

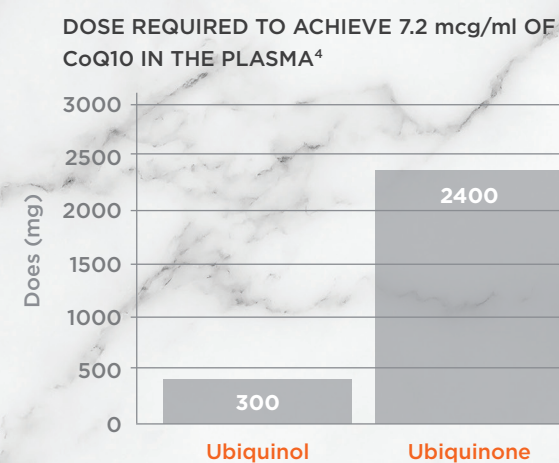
>More than 83% horses at least doubled gluteal CoQ10 concentration with daily Ubiquinol CoQ10.³

PROTECTED DELIVERY:

The encapsulated Ubiquinol CoQ10 used in FOR-RECOVERY is protected through the GI tract until it reaches the small intestine, for optimal absorption.

DIRECT ABSORPTION:

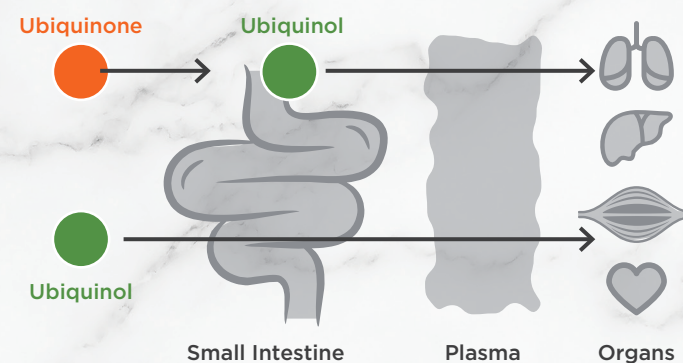
Absorbed unchanged into the circulation, FOR-RECOVERY raises the amount of CoQ10 in the blood up to eight times more efficiently than ubiquinone, which is found in other equine CoQ10 products.



READY TO GO:

The Ubiquinol CoQ10 molecule used in FOR-RECOVERY is a bioidentical nutrient, making it ready to be used by the body, without the prior need and inefficiency of conversion from ubiquinone that is found in other CoQ10 products for horses.

CoQ10-ubiquinol does not require conversion in the small intestine, allowing direct availability to cells.



GUARANTEED QUALITY, AVAILABLE EXCLUSIVELY FROM FORAN

CLOSE TO NATURE:

With its source of Ubiquinol-CoQ10 patent protected, FOR-RECOVERY delivers consistently pure, bioidentical Ubiquinol CoQ10, for as close-to-nature provision of CoQ10, without feeding at pasture.

TOP STANDARDS:

FOR-RECOVERY is produced to GMP and Foran's own S.A.F.E scheme, ensuring the highest product quality, safety and adherence to global anti-doping regulations, as defined by leading regulatory bodies, in accordance to Clean Sport principles.

CONSISTENT AND FRESH:

Individual daily sachets allow easy administration, accurate dosing and consistent quality of FOR-RECOVERY, every day.

FEEDING DIRECTIONS:

FOR-RECOVERY delivers essential feed element, Ubiquinol CoQ10, to complete the diet of horses with limited access to natural sources and that have a higher nutritional need for CoQ10 as a result of their competitive lifestyle.

FOR-RECOVERY should be used throughout the training and racing/competition period, at least 21 days prior to when the need for Ubiquinol CoQ10 increases, to ensure there are peak plasma and skeletal muscle levels when required during training and racing/competition.

COQ10 IN BLOOD PRE AND POST 1G/DAY³



2 sachets of FOR-RECOVERY (1g Ubiquinol CoQ10) should be fed daily for 10 days, then 1 sachet fed daily for maintenance

Ongoing daily feeding is required, as discontinuation causes progressive decline in Ubiquinol CoQ10 levels.

References:

1. Sinatra, et al (2014). Plasma Coenzyme Q10 and Tocopherols in Thoroughbred Race Horses: Effect of Coenzyme Q10 Supplementation and Exercise. Journal of Equine Veterinary Science. 34. 265-269. 10.1016/j.jevs.2013.06.001.
2. Kamei M, Fujita T, Kanbe T, Sasaki K, Oshiba K, Otani S, Matsui-Yuasa I, Morisawa S. The distribution and content of ubiquinone in foods. Int J Vitam Nutr Res. 1986;56:57-63.
3. Effect of daily supplementation with ubiquinol on muscle coenzyme Q10 concentrations in Thoroughbred horses, Thueson E et al, Comparative Exercise Physiology, 2019; 15 (3): 219-226, 2019
4. Comparison study of plasma coenzyme Q10 levels in healthy subjects supplemented with ubiquinol versus ubiquinone. P Langsjoen & A Langsjoen, 2014. Clin Pharmacol Drug Dev. Jan;3(1):13-7

OUR SCIENCE, YOUR SUCCESS

Foran Equine

A division of Foran Healthcare,
2 Cherry Orchard Industrial Estate,
Dublin 10,
Ireland

T +353 (0)1 626 8058
E info@foranequine.com

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EQUINE

OUR SCIENCE,
YOUR SUCCESS



SUPPORT THE
EQUINE ATHLETE
WITH THE POWER
OF UBIQUINOL
COQ10



FOR-RECOVERY provides horses with a quality source of Ubiquinol CoQ10, an essential feed element for optimal body function, helping to support post-exercise recovery and maintain performance throughout the competitive season.

UBIQUINOL COQ10 – ESSENTIAL FOR LIFE

Horses have evolved over thousands of years as free ranging pasture grazers and can consume herbage for 17 to 20 hours per day. Pasture grasses and legumes naturally contain Ubiquinol CoQ10 but modern day husbandry often sees elite equine athletes stabled with limited pasture access.

THE ROLE OF UBIQUINOL COQ10 IN THE BODY:

CELLULAR ENERGY SYNTHESIS

ATP is the biological unit of energy and CoQ10 is the coenzyme (essential for enzyme function) for at least three steps of ATP production, making it essential for cellular energy synthesis.

NATURAL ANTIOXIDANT ACTION

Ubiquinol CoQ10 acts directly as a front-line scavenger of potentially damaging free radicals (produced as a by-product of all cellular processes) but also aids in the regeneration of other antioxidants, such as Vitamin E.

UBIQUINOL COQ10 IS PART OF THE NATURAL EQUINE DIET AND IS ESSENTIAL FOR NORMAL BODY FUNCTION, HAVING A VITAL ROLE IN CELLULAR ENERGY PRODUCTION AND A NATURAL ANTIOXIDANT ACTION.

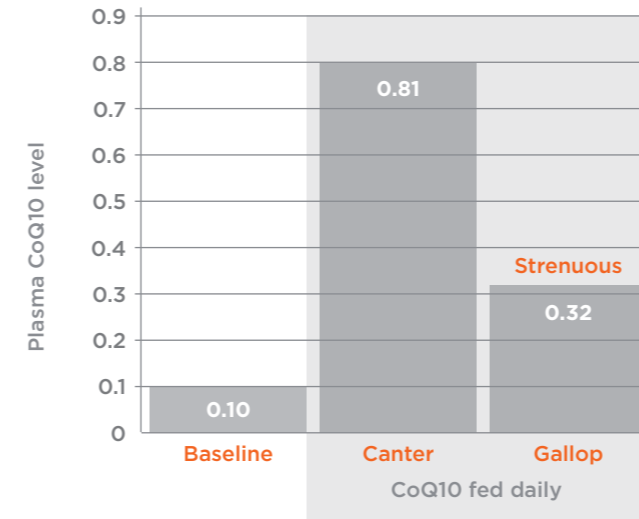


THE NEED FOR UBIQUINOL COQ10 IN PERFORMANCE HORSES

EXERCISE

Strenuous (fast and/or prolonged) exercise during training and racing/competition requires more energy and generates higher levels of free radicals than when at rest. This can be further exacerbated by the pressures of travelling to competition or advancing age. Ubiquinol CoQ10 stores are used up quickly and need to be replenished for optimal post-exercise recovery. Organs that have the highest requirement for Ubiquinol CoQ10 include the heart, muscles and lungs – all essential for performance.

FAST EXERCISE SIGNIFICANTLY REDUCES COQ10 IN HORSES! (ADAPTED FROM)



THE COMPETITIVE LIFESTYLE OF RACE AND PERFORMANCE HORSES MEANS THAT THEY HAVE A HIGHER REQUIREMENT FOR UBIQUINOL COQ10 THAN HORSES AT REST.

SYNTHESIS IN THE BODY

The rate at which the horse produces Ubiquinol CoQ10 often cannot meet the demands of training and competition, prolonging post-exercise recovery!

Performance horses need to have an adequate source of Ubiquinol CoQ10 in their diet to quickly replenish stores depleted by exercise and maintain the levels required for recovery and optimal body function.

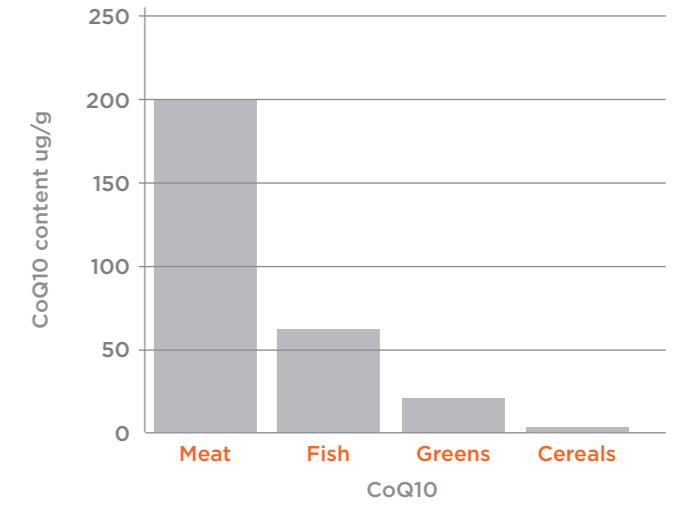


DIET

The typical cereal based diet of performance horses does not contain Ubiquinol CoQ10 in sufficient levels to maintain optimal body function.

FOR-RECOVERY provides Ubiquinol CoQ10 in a diet that may be deficient for the needs of performance horses, replenishing depleted stores after exercise and ensuring demands are met for optimal body function.

COQ10 CONTENT IN VARIOUS FOOD SOURCES?



Cereals in general do not contain measurable CoQ10

